

ST. ANDREWS SCOTS SR. SEC. SCHOOL
9th Avenue, I.P. Extension Delhi -92

Session : 2026-2027

Class- IV

Subject – English

L-4In Perfect Balance

Work 1

Write any 10 new words and do word meanings form the book.

Work 2

B.

Answer the following question

- 1 . Dipa lived in Agartala.

 2. At the age of nine, Dipa won a gold medal in the balancing beam event at the 2002 Northeastern Games.

 3. Guruji helped Dipa by creating improvised training equipment, such as springboards made from scooter parts, crash mats, and using old car seats for landing space.

 4. Dipa had won seventy-seven medals, including sixty-seven gold ones, before attempting the Produnova vault.
- C.
1. a) ‘Guruji’ is Bishweshwar Nandi, Dipa Karmakar’s coach.

 - b) The Produnova vault is named after Yelena Produnova, a Russian gymnast.

 - c) The Produnova vault is an extremely difficult gymnastics move with a high risk factor. Yes, Dipa successfully landed this vault.

Make Sentences

1. gymnast
2. equipment
3. successfully

